



**1:1 COACHING  
SESSIONS**



**SMALL GROUP  
SESSIONS**



**QUESTIONS WITH  
REAL ANSWERS**

**March 2026**



**L&L Q&A**

zoom

03 April 2026, 1:00 PM - 2:00 PM  
10 April 2026, 1:00 PM - 2:00 PM  
17 April 2026, 1:00 PM - 2:00 PM  
24 April 2026, 1:00 PM - 2:00 PM



Send us an email for  
**1:1 COACHING SESSION**  
support@pragnya.org

**IPP  
IEP  
SDP  
SDM**

**LUNCH  
&  
LEARN**

Are you exploring the Self-Determination Program (SDP)?

Wondering if Supported Decision-Making (SDM) is right for you?

Curious about how a Life Connector can help you get the support you need?

This session is designed to answer your questions and provide personalized one-on-one guidance in a supportive, welcoming space.

SCAN ME



**April 2026**



**L&L Q&A**

zoom

01 May 2026, 1:00 PM - 2:00 PM  
08 May 2026, 1:00 PM - 2:00 PM  
15 May 2026, 1:00 PM - 2:00 PM  
22 May 2026, 1:00 PM - 2:00 PM  
29 May 2026, 1:00 PM - 2:00 PM